



Route description

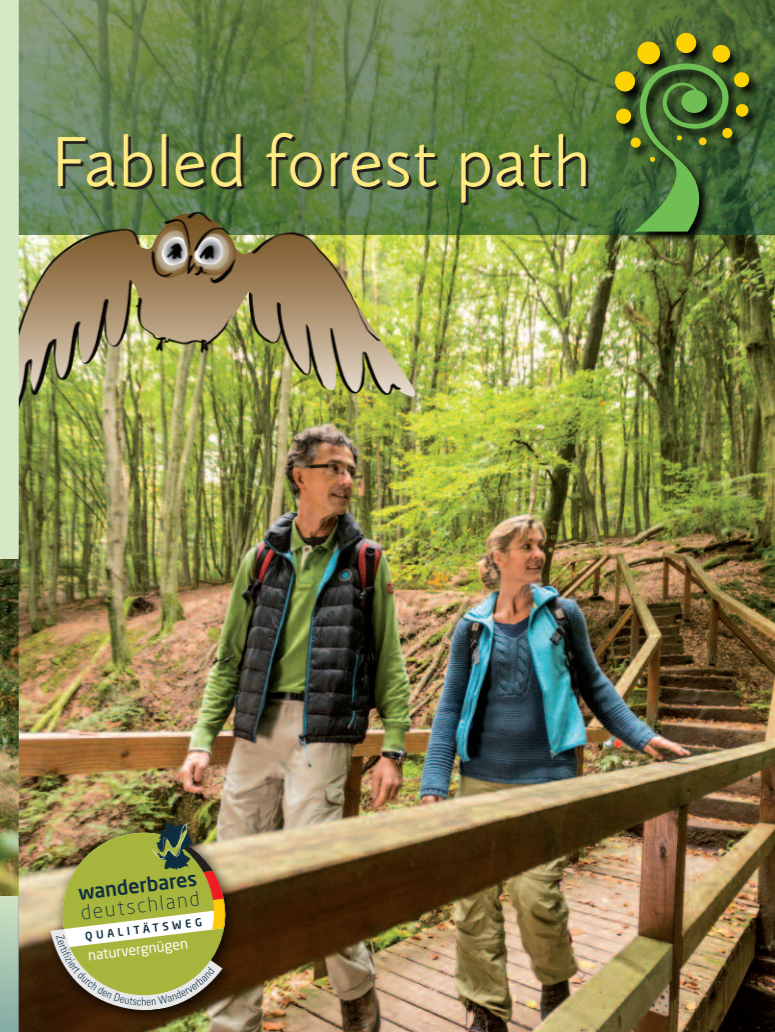
At the Bruchmühlbach-Miesau train station, the "Fabled Forest Path" begins (other starting points are listed in the flyer). The first access path of the round trip goes into the forest towards the town of Vogelbach. After the first few meters, an access path to the outlook "Hoher Fels" [High Rock] branches off. From here, a view extends over the western bog lowlands to the hills of the North Palatine hill country. There will be another opportunity later to see this view.

The main route passes Vogelbach, leads past lush pastures and meadows and reaches the resting area at the Kneipp facility "Vogelquelle" [bird spring]. Time for a refreshing dip or your first rest in the shade of the deciduous trees.

leads directly through the gorge to the Thousand Mill, which initially used the power of the Frohnbach. A visit to the mill stop is worthwhile (Thur.-Sat., Tel. 06372 1438).

After passing through the Misery Gorge, the tour goes uphill again. The path leads via a paved "old postal road" and leads to the "Busche" quarry. It is a cozy gem that not only invites you to explore, but also offers a shady spot for a snack. After crossing the Belzmühltal, an access path connects to the Fritz-Claus cabin.

The now narrowing path follows the Mühlbach through the grounds of the Belz mill. A sculpture trail provides for additional variation. A small rising trail through the fragrant forest leads to the clubhouse. A little later we reach the lower entrance to the Misery Gorge. A trip up the steps is worth it!



Fabled forest path



Scan the QR code with the smartphone: path description for www.tourenplaner-rheinland-pfalz.de

After a moderate rise in elevation, the path steeply leads up to the Sickingen Heights. The forest panorama opens up and the view of the villages in the valley makes you forget the effort to get here.

Green meadow slopes and fields are a symbol for the agricultural character of the high villages. There are then magnificent panoramas that are worth enjoying.

Follow the next access path if you would like to visit the town center of Lambsborn. It is possible to stop in town and visit the local museum "Wie's frieher wor" [How it was in earlier times] at Kartoffelhof Gortner (Tel. 06372 7934) as well as taste potato schnapps. The access path meets back up with the main route after 1.6 km.

After this wide open landscape, the hiking trail soon reaches the edge of the forest. After some time, there is again the possibility to shorten the tour via the lookout point "Hoher Fels" and back to the starting point.

The main path meanders through the Palatinate Forest through the nature trail to the wildly romantic Misery Gorge. The natural monument has been left to itself for decades. Another access path

The fabled forest path passes the 400-year old Thousand Mill and the former beer cellar. A little later it connects to the entry point to the hike circuit.

Dear children!

I am STRIXI, the tawny owl, your companion on the fabled forest path! I will take you on a small adventure and discovery tours.

Get ready!

This is what my call sounds like: (Scan the QR code and play)



The hiking trail is certified according to the guidelines of *Qualitätsweg Wanderbares Deutschland* natural enjoyment (German hiking association)



You will also find us on the homepage of the hiking menu for the Palatinate: www.wandermenue-pfalz.de



This project is supported as part of the development program PAUL with the involvement of the European Union and the state of the Rhineland-Palatinate, represented by the Ministry of Environment, Agriculture, Food, Viticulture and Forestry.



EUROPEAN UNION
European Agricultural Fund for Rural Development: Europe invests in rural areas here.



VERBANDSGEMEINDE
BRUCHMÜHLBACH-MIESAU

- Touristinformation
- Parking
- Rescue-Point
- Stop for refreshment
- Hotel
- Quarry
- Beautiful view
- Fabled forest path
- Access/shortcut
- Fabled forest path



The fabled forest path can be taken from several starting point. Various leg lengths can be chosen depending on your desired difficulty. It does not matter if the trail is taken clockwise or counter-clockwise.

Well-prepared for nature:

- ▶ Sturdy footwear and sure-footedness are needed in the Palatinate Forest. Take the paths and trails at your own risk!
- ▶ It is a matter of course for lovers of nature to not leave behind any trash in the forest!
- ▶ We ask all visitors to the forest to stay on the trails and the provided paths.

Stop for refreshment:

- 1 ASV-Vogelbach, OT Bruchmühlbach, T. 0170 9457449
- 2 Café Schmidt, OT Bruchmühlbach, T. 06372 1247
- 3 Restaurant „Dionysos“, OT Bruchmühlbach, T. 06372 1384
- 4 Guesthouse Rilli Brehmer, OT Bruchmühlb., T. 06372 1287
- 5 Bistro/Café am Rathaus, near 1, T. 06372 5472
- 6 Restaurant „Adria Grill“, OT Vogelbach, T. 06372 2501
- 7 Guesthouse „Zum Kuckucksnest“, OT Lambsborn, T. 06372 1272
- 8 Fritz-Claus cabin, near P(4), T. 06372 994383
- 9 Pfälzer-Stuben, OT Bruchmühlbach, T. 06372 91200
- 10 Bruchmühlbach clubhouse, near P(6), T. 06372 1423



On fabled tracks...

... we discover unique landforms on this "natural enjoyment quality trail." After the first few kilometers, we will climb the legendary Sickingen Heights, whose namesake knight Franz von Sickingen lived in the castle Nanstein in Landstuhl until 1523 and that above all was characterized by the mill culture.

From above, we look down on the mystical western bog lowlands. Natural meadow valleys, silent forest areas, rolling fields, bizarre rock formations, wild gorges and sunny outlooks await us.

P Starting points / parking:

- (1) Bruchmühlbach train station (Am Bahnhof)
- (2) Vogelbach sports field (Lambsborner Str.)
- (3) Lambsborn cemetery (Hauptstr.)
- (4) Fritz-Claus cabin (an L466), (5) Belzmühle (Belzmühle 1)
- (6) Clubhouse (Zweibrücker Str.), (7) Beer cellar (an L464)

Local public transport:

Bruchmühlbach-Miesau train station
 Timetable information: www.vrn.de

Hosts:

Overnight accommodations are available in the towns of Bruchmühlbach and Lambsborn, not far from the route. The list of hosts is available from the tourist office.

Here you will find all of the information you need about places to stop and hosts:



„Fabled forest path“

Trail marking:

Length: 16,4 km

Walking time: 5 hours

Gradient: 361 m · Slope: 354 m

Intensity: Medium

Recommended season: May - September

